

AIM AND SCOPE

The *Chronic Diseases Journal* is a biannual peer-reviewed scientific journal published by Kurdistan University of Medical Sciences. The manuscripts on the topic of chronic and subacute medical and health conditions and diseases will be published in this journal. This contains all aspects of the chronic and subacute diseases such as control, planning, treatment, patient education, managing guides, policymaking, and biopsychosocial-spiritual factors.

Instruction to Authors

MANUSCRIPTS

Manuscripts containing original material are accepted for consideration if neither the article nor any part of its essential substance, tables, or figures has been or will be published or submitted elsewhere before appearing in the *Chronic Diseases Journal*. This restriction does not apply to abstracts or press reports published in connection with scientific meetings. Copies of any closely related manuscripts must be submitted along with the manuscript that is to be considered by the *Chronic Diseases Journal*. Authors of all types of articles should follow the general instructions given below.

STUDY DESIGN

We strongly advise authors to design their clinical trial studies based on the appropriate guidelines. In randomized controlled trials, CONSORT guideline ([link](#)), in systematic reviews and meta-analyses, PRISMA (formally QUOROM) guideline ([link](#)), in meta-analyses of observational studies in epidemiology, MOOSE guideline ([link](#)), in studies of diagnostic accuracy, STARD guideline ([link](#)), and in observational studies in epidemiology, STROBE guideline ([link](#)) should be used.

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- *Case report* is a detailed report of an individual patient that may represent a previously non-described condition and contains new information about different aspects of a disease. It should be less than 2000 words.
- *Letter to the Editor* must be less than 400 words in all cases.
- *Other types* of articles only could be submitted by *Chronic Diseases Journal* Editorial Board.

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- Only online submission is acceptable. Please submit online at: <http://cdjournal.muk.ac.ir>
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- Please supply a word count in title page.
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A covering letter signed by all authors should identify the corresponding author (include the address, telephone number, fax number, and e-mail address). Please make clear that the final manuscript has been seen and approved by all authors, and that the authors accept full responsibility for the design and conduct of the study, had access to the data, and controlled the decision to publish.

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In appropriate places in the manuscript please provide the following items:

- If applicable, a statement that the research protocol was approved by the relevant institutional review boards or ethics committees and that all human participants gave written informed consent
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With the manuscript, provide a page giving the title of the paper; titles should be concise and descriptive (not declarative). Title page should include an abbreviated running title of 40 characters, the names of the authors, including the complete first names and no more than two graduate degrees, the name of the department and institution in which the work was done, the institutional affiliation of each author. The name, post address, telephone number, fax number, and e-mail address of the corresponding author should be separately addressed. Any grant support that requires acknowledgment should be mentioned on this page. Word count of abstract and main text as well as number of tables and figures and references should be mentioned on title page. If the work was derived from a project or dissertation, its code should also be stated.

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Example: Associate Professor, Department of Radiology, School of Medicine, Kerman University of Medical Sciences, Kerman, Iran.

ABSTRACT

Provide on a separate page an abstract of not more than 250 words. This abstract should consist of four paragraphs, labeled Background, Methods, Results, and Conclusions. They should briefly describe the problem being addressed in the study, how the study was performed, the salient results, and what the authors conclude from the results, respectively. Three to 10 keywords may be included. Keywords are preferred to be in accordance with MeSH ([link](#)) terms.

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Double-space tables and provide a title for each.

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Figures should be no larger than 125 (height) x 180 (width) mm (5 x 7 inches) and should be submitted in a separate file from that of the manuscript. The name of images or figures files should be the same as the order that was used in manuscript (fig1, fig2, etc.). Only JPEG, tif, gif and eps image formats are acceptable with CMYK model for colored image at a resolution of at least 300 dpi. Graphs must have the minimum quality: clear text, proportionate, not 3 dimensional and without disharmonic language. Electron photomicrographs should have internal scale markers.

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1. Perlman AI, Sabina A, Williams AL, Njike VY, Katz DL,

Massage therapy for osteoarthritis of the knee: a randomized controlled trial. *Arch Intern Med* 2006; 166(22): 2533-8.

2. Buckwalter JA, Marsh JL, Brown T, Amendola A, Martin JA. Articular cartilage injury. In: Robert L, Robert L, Joseph V, editors. *Principles of Tissue Engineering*. 3rd ed. Burlington, MA: Academic Press; 2007. p. 897-907.

3. Kuczmarski RJ, Ogden CL, Grammer-Strawn LM, Flegal KM, Guo SS, Wei R, et al. CDC growth charts: United States. *Advance data from vital and health statistics*. No. 314. Hyattsville, Md: National Center for Health Statistics, 2000. (DHHS publication no. (PHS) 2000-1250 0-0431)

4. World Health organization. *Strategic directions for strengthening nursing and midwifery services* [online]. Available from: URL:<http://www.npro.who.int/themes/focuses/theme3/focus2/nursingmidwifery.pdf>2002

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We, the undersigned, certify that we take responsibility for the conduct of this study and for the analysis and interpretation of the data. We wrote this manuscript and are responsible for the decisions about it. Each of us meets the definition of an author as stated by the International Committee of Medical Journal Editors (see <http://www.icmje.org/icmje-recommendations.pdf>). We have seen and approved the final manuscript. Neither the article nor any essential part of it, including tables and figures, will be published or submitted elsewhere before appearing in the *Chronic Diseases Journal*. [All authors must sign this form or an equivalent letter.]

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